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## CLAIMS

- 1. Use of an oil having an oleic acid content of more than 40 wt% and a stearic acid content of more 5 than 12 wt% based on the total fatty acid content of said oil, and wherein a maximum of 10 wt% of the fatty acid groups in the sn-2 position of the TAG molecules constituting the oil are saturated fatty acid groups in a food product or cosmetic product.
- 2. Use as claimed in claim 1, wherein the oil is a sunflower oil.

3. Use as claimed in claim 1 or 2, wherein the food product is selected from the group of spreads, sauces, ice-cream, soups, bakery products and 15 confectionery products.

- 4. Use as claimed in claims 2 and 3, wherein the food product is a spread in which the sunflower oil is used as a hardstock at a level of 5 to 20 wt%.
- 5. Use as claimed in claim 1 or 2, wherein the 20 cosmetic product is selected from the group of creams, lotions, lipsticks, soap bars and skin or hair oils.
- 6. Food product comprising an oil having an oleic acid content of more than 40 wt% and a stearic acid content of more than 12 wt% based on the total fatty acid content of said oil, and wherein a maximum of 10 wt% of the fatty acid groups in the sn-2 position of the TAG molecules constituting the oil are saturated fatty acid groups.
- 7. Food product as claimed in claim 6, wherein 30 said oil is a sunflower oil.
- 8. Food product as claimed in claim 6 or 7 selected from the group of spreads, sauces, ice-cream, soups, bakery products and confectionery products.
- 9. Food product according to claims 6-8, being 35 a spread in which the oil is a sunflower oil and is used as a hardstock at a level of 5 to 20 wt%.
  - J10. Cosmetic product comprising an oil having an oleic acid content of more than 40 wt% and a stearic

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acid content of more than 12 wt% based on the total fatty acid content of said oil, and wherein a maximum of 10 wt% of the fatty acid groups in the <u>sn-2</u> position of the TAG molecules constituting the oil are saturated fatty acid 5 groups.

11. Cosmetic product as claimed in claim 10, wherein the oil is a sunflower oil.

12. Cosmetic product as claimed in claim 10 or 11 selected from the group of creams, lotions, lipsticks, 10 soap bars and skin or hair oils.